

Members

- Jonah
- Vince
- Arthur
- Luca
- Elsie
- Harriet
- Faith L
- Mrs Powell
- Mr Jones

2023

Healthy School

Our Aims

- To improve physical health by promoting the use of water in our drink bottles.
- To continue to embed behaviour by using Good to be Green, Class charter and rewards.
- To get Sport Ambassadors to lead playground games to have a positive impact on pupil's wellbeing.
- To promote mental wellbeing for pupils.
- To develop staff wellbeing.
- To use SHRN and PERMA data to create a dynamic curriculum that adapts to the needs of the child.
- To develop a whole school approach to UNRC.
- To ensure children are only bringing healthy snacks for break times.

Actions for 2023-24

* Feedback to class about the need for healthy snacks and water at break times and ask for feedback.

Sports ambassadors to develop a range of games to play with the children supported by adults.

To ensure each class has daily check ins and that children have a chance to share their worries to promote wellbeing.

To ensure that there is a consistent approach to wellbeing Wednesday to have a positive impact on wellbeing.

To develop the RSE curriculum to ensure that it is in code.

How will we know?

- Children to share their worries and work together to reduce anxiety and improve wellbeing.
- Daily check ins will show a change in how children are feeling.
- Improved PERMA data.
- Sports Ambassadors will gain confidence to lead a range of games.
- SHRN data.
- Pupil Feedback
- Use of water and healthy snacks to improve across school.